



# Holding Difficult Conversations

with Jackie Hook, M.A. Spiritual Director, Celebrant & End of Life Doula  
Join us as we learn how to prepare to have difficult conversations  
with our loved ones about a variety of sensitive topics!

Special thank you to our event sponsor, Koch Funeral Home.

**Tuesday, March 10, 5:30 to 7:00 pm**

**The Centre Region Active Adult Center  
Enter Nittany Mall at door "A" and go right**

[www.acapcommunity.org](http://www.acapcommunity.org)

[centrecounty.acap@gmail.com](mailto:centrecounty.acap@gmail.com)

**(817) 954-1753**



Visit us on  
Facebook



**PennState Health**



*To us, it's personal.*



**Encompass Health**

Rehabilitation Hospital  
of Nittany Valley