



The Grief of COVID-19

With Jackie Hook, M.A. Spiritual Director, Celebrant & End of Life Doula

Join us on Facebook Live as we discuss the grief and additional stressors that caregivers are experiencing, such as isolation and loss of support. Learn about what you can do to help take care of yourself. We will also share some important resources.

Tuesday, May 12, 5:30 to 7:00 pm

Join us by visiting our Facebook page or by typing the following link in your URL:

<https://tinyurl.com/acapfb>

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