



## General Resources for Caregivers:

- National Alliance for Caregiving ([www.Caregiving.org](http://www.Caregiving.org))
- Alzheimer's Association (<http://www.alz.org/>)
- Alzheimers.gov (<http://www.alzheimers.gov>)
- ARCH Respite Network (<http://archrespite.org>)
- Eldercare locator (<http://www.eldercare.gov/>)
- Family Caregiver Alliance (<http://www.caregiver.org>)
- National Alliance for Caregiving (<http://www.caregiving.org/>)
- National Family Caregivers Association (<http://www.caregiveraction.org/>)
- The National Clearinghouse for Long-Term Care Information (<http://longtermcare.gov/>)
- AARP Caregiving Resource Center (<http://aarp/home-family/caregiving/?intcmp+AE-HF-IL>)
- Social Security Administration (<http://www.socialsecurity.gov>)
- Medicare 1-800-633-4227
- Veterans Administration (<http://caregiver.va.gov/>)
- Institute for Human Caring (<http://instituteforhumancaring.org>)

*Many of the above websites have information specific to Covid19*

## Covid19 Resources:

- Center for Disease Control (CDC) <http://www.coronavirus.gov>  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Johns Hopkins (<http://www.hopkinsmedicine.org>)
- PA Dept of Banking and Securities re: security scams (<http://dobs.pa.gov>)

## Uplifting Resources:

- Daily Good (<http://www.DailyGood.org>)
- Every Widening Circles (<http://www.everwideningcircles.com>)