



Nutrition and Aging

with Shawnee M. Kelly, Assistant Teaching Professor, Coordinator of Master of Professional Studies in Nutritional Science

Join us via Zoom or Facebook Live as we discuss the importance of nutrition and nutritional requirements as people age. We will also cover strategies and resources for addressing nutritional concerns.

Tuesday, July 14 5:30 to 7:00 pm

Please register by e-mailing us at:
centrecounty.acap@gmail.com

You can also visit our Facebook page by following:
<https://tinyurl.com/acapfb>

www.acapcommunity.org
centrecounty.acap@gmail.com
(817) 954-1753



Visit us on
Facebook



PennState Health



To us, it's personal.



Encompass Health

Rehabilitation Hospital
of **Nittany Valley**